



Dream, Believe, Achieve, Succeed

## Woodbridge Park Professional Development Programme 2019-20

Course Title	Date, Time	Duration	Venue	Cost
Managing Mental Health in the Classroom	Wednesday 10 <sup>th</sup> July 2019 2:30 – 4:30	2 hours	CATE Centre, Green Dragon Lane, Brentford	£75 per delegate
<b>Who is this course suitable for?</b>				
Teachers and support staff in schools				
<b>What will the course cover?</b>				
Looking at the common mental health challenges faced by young people today including: <ul style="list-style-type: none"><li>• Depression</li><li>• Suicidal Ideation</li><li>• Self-harm</li><li>• Anxiety</li><li>• Gender dysphoria</li><li>• Eating disorders</li></ul> Exploring a classroom/school based approach to supporting young people in schools with mental health.				
<b>How will the course support professional practice?</b>				
Equip staff with a range of tools to help manage and support young people in schools with mental health				

Contact: \_\_\_\_\_ to make a booking.



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