



Dream, Believe, Achieve, Succeed

## Woodbridge Park Professional Development Programme 2019-20

Course Title	Date	Time/Duration	Venue	Cost
Recognising Mental Health in the Classroom	Wednesday 27 <sup>th</sup> November 2019 Wednesday 25 <sup>th</sup> March 2020 Wednesday 8 <sup>th</sup> July 2020	2:30 – 4:30 2 hours	CATE Centre, Green Dragon Lane, Brentford	£75 per delegate
<b>Who is this course suitable for?</b>				
Teachers and support staff in schools				
<b>What will the course cover?</b>				
<p>Looking at the common mental health challenges faced by young people today including:</p> <ul style="list-style-type: none"> <li>• Depression</li> <li>• Suicidal Ideation</li> <li>• Self-harm</li> <li>• Anxiety</li> <li>• Gender dysphoria</li> <li>• Eating disorders</li> </ul> <p>Exploring a classroom/school based approach to supporting young people in schools with mental health.</p>				
<b>How will the course support professional practice?</b>				
Equip staff with a range of tools to help recognise, manage and support young people in schools with mental health				

Contact: \_\_\_\_\_ to make a booking.



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